



DR. CHERYL WINTER

VITAL HEALTH SOLUTIONS

Dr. Cheryl's Covid-19 Survival Protocol

Purchase these here discounted every day: <https://us.fullscript.com/welcome/drcherylwinter>

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Product Recommendations



Monolaurin-Avail (120 capsules)
by Designs for Health

Dosage Instructions:

2 once per day



Reishi Mushroom 500mg (60 capsules)
by Vital Nutrients

Dosage Instructions:

2 four times per day



Berberine Synergy (60 capsules)
by Designs for Health

Dosage Instructions:

1 once per day

Additional Instructions:
with a meal



ImmunoKinoko 750 (60 capsules)
by QOL Labs

Dosage Instructions:

2-4 once per day



Niacinamide 500mg (100 capsules)
by NOW Foods

Dosage Instructions:

1 once per day



N-Acetyl Cysteine (120 capsules)
by Designs for Health

Dosage Instructions:

1 once per day, ongoing

Additional Instructions:

NAC is an anti-inflammatory agent. It will help clear any mucus production out of the lungs during times of illness, e.g. colds or flu, and help boost the immune system and fight off infection and inflammation. Take one capsule before each meal.



Bio-D-Mulsion Forte® (1 Ounce)
by Biotics Research

Dosage Instructions:

1 once per day



BodyBio PC® (100 Softgels)
by Body Bio

Dosage Instructions:

2 once per day



Biomega-3 Liquid™ (6.8 Ounces)
by Biotics Research

Dosage Instructions:

1 once per day



Aged Garlic Extract Formula 103 - Immune (100 capsules)
by Wakunaga

Dosage Instructions:

2 twice per day



Theracurmin HP (60 capsules)
by Integrative Therapeutics

Dosage Instructions:

2 once per day



Metabolic Synergy (180 capsules)
by Designs for Health

Dosage Instructions:

3 twice per day

Additional Instructions:

two with each meal or as directed by your health care practitioner.



Unique E Tocotrienols (90 Softgels)
by A.C. Grace

Dosage Instructions:

1-2 gel once per day



Vitamin C w/Bioflavonoids (100 capsules)
by Vital Nutrients

Dosage Instructions:

1-2 capsule twice per day

Additional Instructions:
with food.



Th1 Support (120 capsules)
by Pure Encapsulations

Dosage Instructions:

2 capsules twice per day



Argentyn 23 (4 Ounces)
by Argentyn 23

Dosage Instructions:

1 teaspoon three times per day



Vitamin A Drops (1 Ounce)
by Seeking Health

Dosage Instructions:

1 drop once per day



Organic Spirulina 1000mg (120 tablets)
by NOW Foods

Dosage Instructions:

3 tablets once per day

Refill your prescription anytime by visiting:

<https://us.fullscript.com/welcome/drcherylwinter>