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VITAL HEALTH SOLUTIONS

Supplement Facts:

*7 Reasons Why Using Pharmaceutical-Grade Supplements
from a Reputable Company
is Better than Over-the-Counter Products*

1. Supplements, vitamins, and herbal products are NOT regulated by the FDA.
2. Studies have found that the majority of OTC (over-the-counter) products did not contain exactly what was listed on the label.
3. The active ingredient in OTC products may not be present in every capsule in the quantity listed on the label so the expected benefit may not be realized and the money spent on the product is wasted.
4. More concerning: The contaminants not listed on the label are frequently present. This is especially problematic for people who may have an allergy to or may be taking another medication or supplement which interacts with the contaminant.
5. Many of the OTC products contain cheaper, less effective ingredients, such as cyanocobalamin instead of methylcobalamin for vitamin B12, magnesium citrate (laxative) instead of magnesium lysly glycinate, or calcium carbonate (chalk) instead of calcium malate.
6. In contrast, pharmaceutical-grade or prescription standard supplements are made by professional companies which dedicate great resources to scientific studies and continuing medical education and guarantee that every single capsule contains all of the active ingredient and no contaminants or allergens.
7. While at first glance, pharmaceutical-grade supplements may appear to be more expensive than the OTCs, closer examination reveals that in actuality they are not, since it may take multiple OTCs to equal the benefit of one pharmaceutical-grade supplement—with the added risk of contaminants and allergens.